

# LUNCH WEEK 1



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Chicken & Mushroom Pie  
Boiled Potatoes & Vegetables

Spaghetti Bolognese & Garlic Bread

Roast Pork Loin  
Apple Sauce, Stuffing  
Roast Potatoes & Vegetables

Beef Madras & Boiled Rice  
Naan Bread

Battered Fish  
With Chips & Peas

### MAIN MEAL #TWO

Cheese & Pepper Baked Roll with Potatoes & Vegetables

Veggie Bolognese & Garlic Bread

Vegetable Hot Pot & Vegetables

Vegetable Rogan Josh & Boiled Rice, Naan Bread

Cheese & Onion Plate Pie with Chips & Peas

### HANDHELD

Pizza Slice  
Traditional Hot Dog  
Onions & Tomato Ketchup

Pizza Slice  
Tikka Chicken  
Flatbread & Coleslaw

Pizza Slice  
Spicy Beanie Burger

Pizza Slice  
Traditional Hog Roast Bap

Pizza Slice  
Fish Finger Wrap

### BOWLED OVER

Pasta Kitchen  
With a Choice of Sauces & Toppings

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With a Choice of Sauces & Toppings

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With a Choice of Sauces & Toppings

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With a Choice of Sauces & Toppings

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With a Choice of Sauces & Toppings

### DESSERTS

Syrup Sponge & Custard

Apple Pie & Custard

Creamy Rice Pudding & Jam Sauce

Chocolate Sponge With Chocolate Sauce

Lemon Drizzle Cake & Custard

**caterlink**  
feeding the imagination

**COMING SOON**

## ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

## JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

## Bowled Over

Pasta / rice / noodles served daily with different toppings!

**meal Deals** £2.35

**VEGAN OPTIONS AVAILABLE DAILY!**

**THE VPROOTED KITCHEN**

# LUNCH WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

4oz Beefburger,  
Tomato Relish  
& Seasoned Wedges

Chinese Chicken  
Curry,  
Rice & Poppadum

Roast Turkey  
Sage & Onion  
Stuffing  
& Gravy

Mince Beef & Herby  
Dumplings  
Potatoes &  
Vegetables

Battered Fish  
With Chips & Peas

MAIN MEAL #TWO

Vegetarian Burger  
Tomato Relish  
& Seasoned Wedges

Vegetarian Jerk  
Quorn  
Rice & Poppadum

Vegetable Pasta Bake  
With  
Potato Wedges

Vegetable Sausage  
Casserole  
With Potatoes

Homemade  
Vegetable Pastie  
Chips & Peas

HANDHELD

Pizza Slice  
BBQ Chicken  
Flatbread  
& Coleslaw

Pizza Slice  
Jumbo Sausage Roll

Pizza Slice  
Hot Turkey & Stuffing  
Bap

Pizza Slice  
Cheese & Pepperoni  
Panini

Pizza Slice  
Fish Finger Ciabatta

BOWLED OVER

Pasta Kitchen  
With a Choice of  
Sauces & Toppings

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DESSERTS

Marble Cake  
& Custard

Sticky Toffee Apple  
Pudding  
& Custard

Mixed Fruit Crumble  
& Custard

Chocolate & Orange  
Cake  
& Custard

Pineapple Upside  
Down Cake  
& Custard

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## Bowled Over

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**meal  
Deals** £2.35

**VEGAN OPTIONS  
AVAILABLE  
DAILY!**



# LUNCH WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### MAIN MEAL #ONE

Traditional Sausage & Mash  
With Onion Gravy & Vegetables

Italian Beef Lasagne  
Garlic Bread & Broccoli

Roast Gammon  
Roast Potatoes  
Seasonal Vegetables & Gravy

Chicken & Sweetcorn Pie  
Potatoes & Vegetables

Battered Fish  
With Chips & Garden Peas

### MAIN MEAL #TWO

Quorn Sausage & Mash  
With Onion Gravy & Vegetables

Quorn Mince Lasagne  
Garlic bread & Broccoli

Veggie Sausage  
Toad in the Hole  
Roast Potatoes & Veg

Vegetable fajita Wrap  
Served with Fresh Salad

Tomato & Peppers  
Pasta Bake  
With Chips & Garden Peas

### HANDHELD

Pizza Slice  
Sweet Chilli Wrap

Pizza Slice  
Burger in Seeded Bun  
& Relish

Pizza Slice  
Sausage Roll

Pizza Slice  
BBQ Beef Burrito

Pizza Slice  
Fish Finger Wrap

### BOWLED OVER

Pasta Kitchen  
With a Choice of  
Sauces & Toppings

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### DESSERTS

Chocolate Sponge  
& Custard

Fruit Crumble  
& Custard

Jam & Coconut  
Sponge  
& Custard

Traditional Creamy Rice  
Pudding

Eves Pudding  
& Custard

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**THE UPROOTED KITCHEN**