



This is current first aid guidance for dealing with an asthma attack

We do expect your child will use their own inhaler for day to day management of their asthma.

If any triggers are identified then these will be removed.

The following guidelines will be followed if your child requires medical attention in school

The inhaler used in school is the blue inhaler containing salbutamol consent must be given by the parent/carer to enable staff to administer this

Recognising a mild asthma attack

- Shortness of breath
- Tightness in chest
- Coughing
- A wheeze

Dealing with a mild/moderate asthma attack

- Keep calm & reassure the pupil
- Encourage the pupil to sit up & lean slightly forward
- Let the pupil use their own reliever inhaler
- Use the school emergency inhaler if consent given & pupil does not have his/her inhaler with them.

Recognising a severe asthma attack:

- Nasal flaring
- Unable to talk
- Appearing exhausted has a blue/white tinge around lips
- collapse

Dealing with a severe asthma attack

- Keep calm & reassure the pupil
- Encourage the pupil to sit up & lean slightly forward
- Use the pupil's own inhaler –if not available use the emergency inhaler. Give 2 puffs.
- If there is no improvement continue to give 2 puffs every 2 minutes up to a maximum of 10 puffs or symptoms improve.
- If the pupil does not improve or you are worried call for an ambulance
- If the ambulance has not arrived after 10 minutes give another 10 puffs in the same way .
- Remember to shake the inhaler between puffs