



General Advice

The move to secondary school can be a daunting time for families but please try not to worry: we're here to support you as you begin your journey with us here at St Bede's. If you have any questions, please don't hesitate to contact us at transition@stb.bwcet.com

- ✓ Encourage your child to get organised for school the evening before. This can save them (and you!) a lot of undue stress in the morning. Remind them to check their timetable for the following day, pack their bag and lay out their uniform if necessary.
- ✓ Whilst it's natural to want to support them, especially in the early days, try and resist the temptation to do everything. Your child needs to learn to manage their time efficiently and they won't do it if you get everything ready for them. Ideally do it together!
- ✓ Have a plan/calendar on display at home clearly marked with different equipment needed for different days (sports kit, music, projects etc.). Encourage them to look at the schedule the night before and organise their schoolbag there and then.
- ✓ If your child is travelling to school by bus, research the route and, if possible, travel it with them before they start in September. Perhaps find out if any friends living nearby are planning on getting the same bus so they can travel together.
- ✓ During the week, your child will probably have several home learning tasks to complete, which will be recorded in their planner. Organising a quiet space for them to study and making sure that devices are switched off will be very beneficial. It's also a good idea to regularly read and sign their planner to make sure your child is organised and managing their home learning.
- ✓ Keep in touch - it may feel more difficult now that you can't just catch a teacher in the playground but our [website](http://www.stb.bwcet.com) is a great source of information and you can always email us at transition@stb.bwcet.com

