

St Bede's Catholic school & 6th Form College

Careers Education, Information, Advice and Guidance (CEIAG)



St Bede's prides itself in preparing students for the next stage of their life, not only academically but in relation to future career pathways. Where 'career' was once thought of as a single commitment to a lifelong occupational pursuit, it is now thought of as a lifelong journey whereby individuals participate in differing learning and work roles. At St Bede's we hope to contribute to and prepare young people for that journey.

The Career Progression Manager, Mrs A Jukes will manage the careers education programme and is responsible to the Assistant Head Teacher /Ethos & Personal Development Lead -Mr A McCarthy. CEIAG is supported by a link Governor: Mr D. Dixon. We also have NELEP (North East Local Enterprise Partnership) appointed Enterprise Advisors who supports the development of our career activities.

If you would like to get in contact with Mrs Jukes - Careers Lead, please e-mail stbedes@stb.bwcet.com

We have relevant Careers Education modules built into our PHSE programme from Year 7 through to 6th Form which draw upon many visiting speakers from local organisations, FE Colleges, and Universities.

Within our programme students:

- Learn about the structures, systems and factors that guide, shape and influence people's career prospects and career development
- Explore how these could affect their future choices, why they need to consider them when making their own career decisions and plans, and how they can do so
- Develop and practice the self-help skills they need to progress their own career plans and development, including the effective use of IAG (Information, Advice & Guidance)

Our Careers Programme includes.

Careers Education- Careers lessons are part of the school's Personal Development Program. Sections of work for careers are planned into the personal development calendar throughout the year.

Careers Information – students have access to accurate, up-to-date and objective information on opportunities, progression routes, choices, where to find help and advice and how to access it. We work in partnership with local colleges and employers to ensure students have access to the best opportunities in the career market. We also use relevant Labour Market Intelligence data to help students make informed choices. We signpost parents/carers & students to a wide range of career platforms and websites to stimulate interest in a wide range of sectors.

Careers Advice – We have a range of activities that help young people to gather, understand and interpret information and apply it to their own situation. For example, we have a Careers Event for every year group from Y7 to Y11 and a series of Careers Workshops throughout sixth form which allows students to discuss careers with industry ambassadors from a vast range of sectors, Colleges and Universities.

Careers Guidance – we provide impartial guidance and specialist support to help young people understand themselves and their needs, confront barriers, resolve conflicts, develop new perspectives and make progress.

All Key Stage 4 and Key Stage 5 students have a one-to-one Progression Interview with our Career Progression Manager, Anne Jukes, to prepare them for post 16/18 choices. All other year groups can book appointments or drop-in during break or lunchtimes or free periods to access IAG.

Impact of CEIAG

Learners are involved in the planning of career learning. Their views are collected using student voice/surveys.

At St Bede's we judge the impact of CEIAG through

- examining & evaluating what we do,
- thinking about how we can improve it,
- deciding on whether it was worth doing again in that particular format (we pilot many activities before extending to full scale),
- providing summaries to disseminate understanding of what was done to stakeholders such as parents/students/staff/governing body/visiting organisations involved with careers events.

All our CEIAG work is mapped against the **CDI (Career Development Institute) Framework, Gatsby Benchmarks and the PSHE Framework**

The main purpose of the CDI's Career Development Framework is to clarify the skills, knowledge, and attitudes that individuals need to have a positive career. A 'positive career' will mean something different to everyone, but it will typically include being happy with the way you spend your time, being able to make a contribution to your community and being able to have a decent standard of living.

A copy of our CEIAG policy is available [here](#).

St Bede's uses the Gatsby Benchmarks and CDI (Career Development Institute) Framework to underpin our CEIAG work in school

With support from our North East Local Enterprise Partnership Careers Hub and The Careers Company we are working towards meeting the eight benchmarks

<https://www.goodcareerguidance.org.uk/>

CDI Framework

The six learning areas



- Grow throughout life by learning and reflecting about yourself, your background, and your strengths
- Explore the full range of possibilities open to you
- Manage your career actively; making the most of opportunities, and learning from setbacks
- Create opportunities by being proactive and building positive relationships with others
- Balance life and work effectively
- See the big picture by paying attention to how the economy, politics and society connect with, and affect your own life and career.

Gatsby Benchmarks

Good career guidance helps inspire students towards further study and enables them to make informed decisions whenever choices are open to them. It helps them to understand enough about the world of work to know what skills they need to succeed. It is important for social mobility because it helps open students' eyes to careers, they may not have considered. With support from our North East Local Enterprise Partnership Careers Hub and The Careers Company we are working towards meeting the eight benchmarks

Gatsby Benchmark 1 A stable career programme	Gatsby Benchmark 2 Learning from career and labour market information	Gatsby Benchmark 3. Addressing the needs of each pupil	Gatsby Benchmark 4 Linking curriculum learning to careers
Gatsby Benchmark 5 Encounters with employers and employees	Gatsby Benchmark 6 Experiences of workplaces	Gatsby Benchmark 7 Encounters with further and higher education	Gatsby Benchmark 8 Personal guidance

Careers Work within Personal Development develops the six capabilities for work & future career.

CHECKLIST for your future -The six capabilities for work		
1.Self-aware	<ul style="list-style-type: none"> • Take responsibility for yourself and others • Exhibit self-control • Be accountable for your actions. • Do not shift blame • Recognise your own strengths and weakness 	<p>A cartoon character with a large head and small body, wearing a red shirt and blue pants, looking confused with hands on hips. Above the character is the text 'who me?'. Below the character is a small copyright notice: '© 2010 North Star Ltd'.</p>
2.Receptive	<ul style="list-style-type: none"> • Be willing to address weaknesses • Take feedback and advice • Be open to new ideas and working in different ways • Be open-minded, patient and flexible. 	<p>A yellow sticky note with a paperclip at the top left corner. The text on the note reads 'OPEN YOUR MIND' in blue capital letters. Below the note is a small copyright notice: '© Can Stock Photo'.</p>
3.Driven	<ul style="list-style-type: none"> • Display a positive attitude • Apply yourself consistently • Be reliable, motivated, punctual, well-organised, hard-working • Go the extra mile 	<p>Four interlocking gears of different colors (red, green, blue, and grey) arranged in a square. Each gear has a label: 'plan' (red), 'do' (blue), 'check' (green), and 'act' (grey). Below the gears is a small copyright notice: '© Can Stock Photo - csp15196435'.</p>
4.Self-assured	<ul style="list-style-type: none"> • Have good levels of self-esteem • Be willing to ask questions and seek more information • Be prepared to work alone without clear direction • Be prepared to work effectively within teams • Display signs of self-esteem 	<p>A 3D stick figure standing on a yellow rectangular block, pointing towards a line of smaller stick figures that are also standing on the block. The figures are arranged in a line, with the largest figure at the front and smaller figures following.</p>
5.Resilient	<ul style="list-style-type: none"> • Learn to cope with rejection and set-backs. • Learn from mistakes • Be open to constructive criticism, • Be determined to overcome obstacles • Persevere and do not panic under pressure 	<p>A 3D text graphic with the words 'CAN'T', 'CAN'T', 'CAN'T', and 'CAN!' stacked vertically. The first three words are in grey and the last word is in green. The text is slightly tilted and has a shadow effect.</p>
6.Informed	<ul style="list-style-type: none"> • Have an understanding of the jobs market. • Display an ability to search for job vacancies and complete background research • Understand office etiquette • Be well-presented • Be effective in describing your achievements verbally and have a representative CV 	<p>A ball of colorful ribbons (red, yellow, green, blue, and purple) tied together. The text 'IN THE LOOP' is written on the ribbons in a circular pattern. Below the ball is a small copyright notice: '© Can Stock Photo - csp15196435'.</p>
Work-readiness <ul style="list-style-type: none"> • Make sure you are fully informed about the sectors you are interested in working in • Familiarise yourself with the most up-to-date labour market information. • Speak to a professional in the career area you want to be in –it may lead to work experience • Talk to your family, friends, and neighbours they may have contacts. • Even if experience is not directly relevant to the career path you wish to pursue, it can provide an opportunity to develop transferable skills described above. 		

CEIAG Outline Plan

Our career events and activities are designed with reference to the following frameworks.

Career Development Institute Career Framework						Gatsby Benchmark	PSHE Framework
GTL	EP	MC	CO	BLW	BP	GBM	PSHE
Grow through life	Explore Possibilities	Manage Career	Create possibilities	Balance Life & work	See the Big Picture	1. A stable careers programme 2. Learning from careers and labour market information 3. Addressing the needs of each student. 4. Linking curriculum learning to careers. 5. Encounters with employers and employees. 6. Experiences of workplaces. 7. Encounters with further and higher education. 8. Personal guidance.	Core Themes Health and Wellbeing. Relationships Living in the Wider World

Term 1 Focus

- Year 12 into Year 13 Progression Interviews
- Year 12 Welcome Day Activities
- Personal Development Activities
- Engagement with external agencies to support transition events.
- Career Education activity for all year groups
- Work experience launch & prep Year 12 & 10
- Year 11 Transition work begins.
- Year 11 Progression Interviews & Data Collection for DCC
- Leavers from previous Y11 & Y13.-updates to inform Intended Destination Data contact with DCC.
- Year 12 Transition preparation
- Year 13 Transition preparation
- External visit opportunities as presented.
- Speaker Visits as appropriate.

Example Events/Activities	Learning Outcome /Learning Objective
Year 12/13 Progression Interviews-Cont.	<ul style="list-style-type: none"> • Awareness of Post 18 pathways and beyond • Increased confidence in abilities • Successful outcomes and destinations
Year 11 Post 16/18 Options Presentation	<ul style="list-style-type: none"> • Awareness and understanding of career pathways and qualification framework
Year 11 Progression Interviews	<ul style="list-style-type: none"> • Awareness of Post 16 & 18 pathways and beyond • Increased confidence in abilities • Successful outcomes and destinations • Review sheets sent to parents. carers in addition to students for increased support
Year 13 Refresh- UCAS Personal Statement Support Drop-in's	<ul style="list-style-type: none"> • This Lunch-Time Drop-in event is to help students boost their success in university applications by gaining some expert advice from our local HE providers. • Students can bring along their statements to get advice and tips on how to improve and refresh them before deadline day.
DurhamWorks Introduction workshop Personal Guidance interviews	<ul style="list-style-type: none"> • 1 to 1 bespoke mentoring aimed to support students make a successful sustained progression into post 16 education, employment, and training. They can offer information, support and guidance that will help young people find opportunities locally.

Targeted Transition Project Interviews and workshops throughout Year 11	<ul style="list-style-type: none"> • Appropriate Careers advice and work experience for all students • Engagement with Careers Leads with a view to support the schools Gatsby Bench marking. • Engagement with parents • Engagement with Local Employers • Engagement with other institutions and Colleges.
Steps Programme within Personal development Years 7-11- Career's Education	See below. <ul style="list-style-type: none"> • Individual year group overviews • Steps Programme Info
Sixth Form Personal development	See Below- Preparing the student for their next transition point
Year 11 – 6 th Form Open Evening	<p>Introduce St Bede's 6th Form Life to Students & Parents.</p> <ul style="list-style-type: none"> • An individual learning programme bespoke to their needs. • Built-in development of study skills required for A level and beyond. • A personal tutor • Access to Information, Advice and Guidance for the next stage of their career progression. Visiting organisations providing CEIAG for beyond 6th Form • The opportunity to take part in a well-established work experience programme. • Links with local employers and higher education providers • Leadership opportunities including Senior Council and Ambassador Programme • An entitlement to continuing personal development.
Year 13 Interview Support (University & Apprenticeship)	<ul style="list-style-type: none"> • Increase confidence for different types of interviews in different settings
Looked after children Personal Guidance support	<ul style="list-style-type: none"> • Awareness of Post 16 & 18 pathways and beyond • Increased confidence in abilities • Successful outcomes and destinations • Review sheets sent to parents, carers in addition to students for increased support
HALF TERM	
Example Events/Activities	Learning Outcome /Learning Objective
Year 11 Personal Best Day Career management skills	<ul style="list-style-type: none"> • Introduction to theme of essential Career Management Skills and recap career Pathways Post16/18 <p>Interviews, CV's/ Covering Letters. presentation skills, personal branding etc.</p> <ul style="list-style-type: none"> • An opportunity for students to draw together their experiences of careers work over their time with St Bede's and create the necessary passport for their next transition point
Y12 Work experience – Ideas Generator Lunch time Drop-in	<ul style="list-style-type: none"> • Support for students to research work experience opportunities
Year 11 Application Workshops Lunchtime Drop-ins throughout Year 11	<ul style="list-style-type: none"> • Individual support to complete applications for any Post 16 destination • Completed forms scanned and sent to organisations for student
Term 2: Focus <ul style="list-style-type: none"> • Completion of Year 11 Progression Interviews & Year 11 Intended Destinations checking Schedule • Y11 & Y13 Late applications to FE, Apprenticeships, Direct Foundation Degrees • Year 13 Non UCAS individual Interviews • Y11/ Y13 Data Collection for DCC- Intended Destinations • Year 9 Options • Year 10/11 Work Experience Preparation continues. • External visit opportunities as presented. • External Speaker Visits as appropriate 	
Example Events/Activities	Learning Outcome /Learning Objective
Year 9 Option Events	Support students to make Informed Decisions about GCSE Subjects
National Apprenticeship Week Events	A range of activities/drop-ins and materials to support apprenticeship routes
Half Term	
Example Events/Activities	Learning Outcome /Learning Objective

Year 10 Informed Decisions Day	Introduction to theme of Post 16 & 18 Choices
Y10 Work experience – Ideas Generator Lunch time Drop-in	Support for students to research work experience opportunities
Year 12/13 Apprenticeship/Training Lunchtime Drop-ins. Targeted support for Year 13 students as back-up or alternative to university	<ul style="list-style-type: none"> An opportunity for students to see current apprenticeship/training opportunities and discover other opportunities open to them in the future. Intended for students looking for higher or degree apprenticeships or to support a back-up plan should they change their mind about their university applications.
Year 9 Labour Market Intelligence Day	<ul style="list-style-type: none"> Discovering why Labour Market intelligence LMI is so important in today's job market. Understanding the relevance of skills education in developing employability
Term 3-Focus <ul style="list-style-type: none"> Y12 Progression Interviews Y12 Prep for Post 18 Options Year 12 Work experience Year 10 Work experience College Tasters/ Visits Internal Tasters/ visits Y12 Progression Interviews & Prep for Post 18 Options External visit opportunities as presented. External Speaker Visits as appropriate. 	
Example Events/Activities	Learning Outcome /Learning Objective
Y10/12 Work Experience Support	Support to complete work experience process
Half Term	
Example Events/Activities	Learning Outcome /Learning Objective
Y12 Work Experience Organised through NYBEP Year 10 Work Experience Organised by St Bede's	<ul style="list-style-type: none"> Sample a working environment Try out career options Build self confidence Develop employability skills Support your course of study Support future applications <p>A mixture of different types of learning:</p> <ul style="list-style-type: none"> Competency Based Curriculum Based Personal & Social Development based. 'World of Work' based
College Visits/ Tasters	<ul style="list-style-type: none"> Understanding the range of Vocational Technical pathways
Year 12 Progression Interviews begin	<ul style="list-style-type: none"> Awareness of Post 16 & 18 pathways and beyond Increased confidence in abilities Successful outcomes and destinations <p>Review sheets sent to parents, carers in addition to students for increased support</p>
Year 8 Sector Skills Day	<ul style="list-style-type: none"> Understanding the Skills needed within different Industries, Raising awareness of Transferable, Subject Specific and Career Management Skills
Year 7 World of Work Day	<ul style="list-style-type: none"> To enable students to see the variety of sectors, Industries, and roles available through engagement with external organisations

CEIAG Overview-Lower School

Each Year group will have a section of work within Personal Development Sessions (Careers Education) and an additional Main Hall activity (Information, Advice and Guidance). Additional support is offered at transition points within their school career.

Year 7

Careers Education-Term1

Areas Covered within Personal Development- STEPS Programme	Additional support
<ul style="list-style-type: none"> • Changes • What have you achieved? • Stepping up from primary school • What influences me? • Roles that I think are successful. • What are you like? • Skills for Life • This is me • What is work? • Using the Careers Library /Learning Resource Centre • Introducing some important initials-L.M.I and S.T.E.M • Changes in the World of Work • How creative are you? • Setting targets • Review my learning. • Look ahead. 	<ul style="list-style-type: none"> • World of Work Presentations <p>EVIDENCE of IMPACT</p> <ul style="list-style-type: none"> • Tutor & Tutor Group Evaluation • Staff analysis/training need record

Year 7 World of Work Day-Term 3



Personal Development Sessions	Introduction to theme World of Work
	To enable students to see the variety of sectors, Industries, and roles available visiting speaker sessions relating to event theme
Careers Related to Curriculum Activity	Year 7 lessons to highlight Careers linked to their subject area within lessons

Year 8

Careers Education- Term 1

Areas Covered within Personal Development- STEPS Programme	Additional support
<ul style="list-style-type: none"> • Your beliefs & Values • Are Schools & Work so different? • What do you want from work? • Job Families • Can anyone predict the future? • Become a job search expert. • Who Does this Job? • you sure that's true? • Budgeting • How do you make decisions? • The Qualification landscape. • Writing an action plan • Reviewing my learning • Looking ahead 	<ul style="list-style-type: none"> • The skills Gap presentation in preparation for Sector Skills Day • World of Work Presentations <p>EVIDENCE of IMPACT</p> <ul style="list-style-type: none"> • Tutor & Tutor Group Evaluation • Staff analysis/training need record

Year 8 Sector Skills Day- Term 3



Personal Development Sessions	Introduction to theme <ul style="list-style-type: none"> • Understanding the Skills needed within different Industries, • Raising awareness of Transferable, Subject Specific and Career Management Skills
	visiting speaker sessions relating to event theme
Careers Related to Curriculum Activity	Year 8 Lesson to have a focus on where skills gained in subject areas can prepare for the future

Year 9

Careers Education -Term 1

Areas Covered within Personal Development- STEPS Programme	Additional support
<ul style="list-style-type: none"> • Plan your decision year • Personal Qualities • Personal Qualities and jobs • Skills • Skills and Jobs • Tell us why it should be you! • Being Enterprising • Working today • Eastern Delights • Using reliable information • Qualifications • Choosing Options • Fake News? • Reviewing my learning • Looking ahead 	<ul style="list-style-type: none"> • Options preparation • Support for option choices • LMI Day • World of Work Presentations <p>EVIDENCE of IMPACT</p> <ul style="list-style-type: none"> • Tutor & Tutor Group Evaluation • Staff analysis/training need record • Option Choices/ student choices in relation to future pathways

Year 9 Labour Market Intelligence Day- Term 2



Personal Development Sessions	<p>Introduction to theme</p> <ul style="list-style-type: none"> • Why Labour Market intelligence LMI is so important in today's job market. • Understanding the relevance of skills education in developing employability
	Visiting speaker sessions relating to event theme
Careers Related to Curriculum Classroom Activity	Year 9 lessons to highlight Labour Market Information linked to subject/related career areas

Year 10

Careers Education-Term1

Areas Covered within Personal Development- STEPS Programme	Additional support
<ul style="list-style-type: none"> • Exploring possibilities • What employers want • Work & Lifestyle • WoW Quiz • Rights & Responsibilities • Responsible employers • Application skills • Work Experience • Moving on from work experience • Personal sales pitch • Managing your money • Thinking ahead after 16 • Qualifications • Reviewing my learning • Looking ahead 	<ul style="list-style-type: none"> • Post 16/18 Options Presentation • Informed Decisions Day • Work experience + related preparation & support • FE College Visits • World of Work Presentations <p>EVIDENCE of IMPACT Tutor & Tutor Group Evaluation</p> <ul style="list-style-type: none"> • Staff analysis/training need record • Students understanding of Post16/18 option pathways

Year 10 Informed Decisions Day- term 2



Personal Development Sessions	Introduction to theme of Post 16 & 18 Choices
	Visiting speaker sessions relating to Post16/18 pathways
Careers Related to Curriculum Classroom Activity	Year 10 lessons to highlight where subject area can lead, and qualifications needed in particular roles

Year 11

Careers Education- Term 1

Areas Covered within Personal Development- STEPS Programme	Additional support
<ul style="list-style-type: none"> • Year Planner • How are you doing? • Skills & Interests • What are you like? • Which way do you go? • The changing job markets. • Green Jobs • Money matters • Exercise your network. • Making applications • Writing a CV • Writing a covering letter • Preparing for interviews • Where have you got so far? • Reviewing my learning • Look ahead. 	<ul style="list-style-type: none"> • Personal Best Day • Progression Interviews • Post 16 Route Update Interviews • Application support • World of Work Presentations <p>EVIDENCE of IMPACT</p> <ul style="list-style-type: none"> • Tutor & Tutor Group Evaluation • Staff analysis/training need record • Intended Destination records. • DCC intended Destination figures in relation to September guarantee.

Year 11 Personal Best Day- Term1



Personal Development Sessions	Introduction to theme of essential Career Management Skills and recap career Pathways Post16/18
	Visiting speaker sessions relating to event theme
Careers Related to Curriculum Classroom Activity	Year 11 Lesson to highlight where their subject can take students for Sixth Form/FE/HE courses/Career

Lower School Personal Development Programme				
Year 7	Year 8	Year 9	Year 10	Year 11
School Community	School Community	School Community	School Community	School Community
My Values	My Values	British Values	British Values	British Values
Protected Characteristics	Protected Characteristics	Protected Characteristics	Protected Characteristics	Protected Characteristics
British Values	British Values	Freedom & the law	Freedom & the law	RSE Baseline
Prejudice and discrimination	prejudice and discrimination	What is extremism?	What is extremism?	Y11 Achievement Passport
MHWB	MHWB	MHWB	MHWB	MHWB
Hate crime	Hate Crime	Is it ok to protest?	Is it ok to protest?	Y11 Achievement Passport
Show racism the red card	Show racism the red card	Show racism the red card	Show racism the red card	Y11 Achievement Passport
Half Term				
Study Skills	Drugs (medical & recreational)	Health v unhealthy friendship	Reframing negative thinking	Mocks
Personal Growth	Safety & Prescription Drugs)	Communication	Signs of emotional or mental ill health	Mocks
Travel Safety	Alcohol	Knife Crime	Portrayal of mental health in the media	Self-image (1010 S2)
Water Safety	Tobacco	Gangs	Strategies for good MHW	Parenthood (1010 S4)
First Aid/999 Response	Vaping	Social norms drugs & alcohol	Budgeting & Savings	Pregnancy & Abortion (1010 S5)
Enterprise	Range of Careers	Importance of skills and qualifications	Preventing and managing debt	Consent (1010 9S6)
Skills for Careers	Achievements & learning from setbacks	Labour market	Influence of targeted advertising	Self-Worth (1010Y11)
Christmas				
Equal Opportunities	Injustices in the workplace	My future career	Gambling	Addiction
Work Life Balance	Community Involvement	My future career	The law and illegal financial activities	Eating Disorders
Identity Right & Responsibilities	Self-worth and influences	Different types of families	Social media and misrepresentation	Birth Control
Bullying	Gender identity	Homelessness	How to manage misleading views	Pornography
Online Bullying	Challenging homophobia and transphobia	Conflict with family and friends (resolution)	Challenging discrimination (online)	STIs
Taking responsibility for my health	Challenging racism	Relationship breakdown	Being a role model	Coercive Control
Sleep	Challenging religious discrimination	Physical & mental health & balancing work, leisure, exercise and sleep	Managing peer influence	Mocks
Half Term				
Personal Hygiene	Mental Health & Stigma	Sleep and relaxation	Impact of drugs and alcohol (personal safety, family, wider community, decision making)	Mocks
Puberty Changes (Physical)	What effects mental health	Managing influences on body image	impact of drugs Preventing alcohol (puberty safety, family, wider community, decision making)	Options about Post 16 pathways
Puberty Changes (Emotional & Social)	Unhealth comparisons	Preventing illness	Media's impact on perception of gangs	Application process and CVs
FGM	Anxiety and Depression	Cancer prevention & self examination	My work & other choices	How to maximise employability
Who am I?	Positive Talk	The search for love	The changing job market	Rights part time work
Changing Bodies	Created and chosen	Love people use things	Applying for work or training	Y11 Achievement Passport

Easter				
Health inside and out	Appreciating differences	In control of my choices	Budgeting	Y11 Achievement Passport
Where do we come from?	Feelings	Fertility and contraception	Managing online profile for future employment	Y11 Achievement Passport
Family and friends	Before I was born	Marriage		
My life on screen	Tough relationships	Consent	Self-image	
Half Term				
Living responsibly	Think before you share	Rights and Responsibilities	Beliefs, values & attitude	
Value of money	Wider world	Managing Criticism	Parenthood	
Finance	Online Safety	Non-verbal communication	Pregnancy and Abortion	
Looking after your money	Online Bullying	What skills do employers look for?	Abuse	
Budgeting	Digital Literacy	Working part time	Solidarity	
Resilience	Gambling hooks	Illegal Work		
	Media reliability			
HEALTH AND WELLBEING				
LIVING IN THE WIDER WORLD				
RELATIONSHIPS				

Sixth Form Personal Development

TERM1.1

Year 12 PD Lesson	Year 13 PD Lesson
Being a resilient student	UCAS/Personal Statements/References
Managing study and exam stress	UCAS/Personal Statements/References
Managing study and exam stress	UCAS/Personal Statements/References
Prioritising my mental health	UCAS/Personal Statements/References
Prioritising my mental health	UCAS/Personal Statements/References
Suicide Prevention	UCAS/Personal Statements/References
Suicide Prevention	UCAS/Personal Statements/References Deadline for medicine UCAS

Term 1.2

Year 12 PD Lesson	Year 13 PD Lesson
Coming out as LGBTQ+	Common mental health issues
Personal safety in relationships	Common mental health issues
Personal safety in relationships	Common mental health issues
Rape and Sexual assault	Young men and suicide
Rape and Sexual Assault	Young men and suicide
Misogyny, causes and consequences	Contraception
Misogyny, causes and consequences	STI's
Preparing to drive and driving safely	Understanding sexuality

Term2.1

Year 12 PD Lesson	Year 13 PD Lesson
Preparing to drive and driving safely.	Preparing to live independently.
Pregnancy and young parenthood	Preparing to live independently
Pregnancy and young parenthood	Setting my priorities
Managing strong emotions in relationships	Budgeting
Managing strong emotions in relationships	Budgeting

TERM 2.2

Year 12 PD Lesson	Year 13 PD Lesson
Monitoring my health	Keeping physically healthy
Monitoring my health	Keeping physically healthy
Young adult illnesses	Healthy eating
Young adult illnesses	Healthy eating
Alcohol misuse: personal and social consequences	Managing emergency situations
Alcohol misuse: personal and social consequences	Managing emergency situations

Term 3.1	
Substance misuse	Money Matters
Substance misuse	Money Matters
My career ambitions	Body Image and social media
My career ambitions	Body Image and social media
Taking a gap year	Managing changes in relationships
Taking a gap year	Respectful and assertive communication

Term 3.2	
UCAS/Personal Statements/References	Positive Profile online
UCAS/Personal Statements/References	Positive Profile online
UCAS/Personal Statements/References	Are human rights balanced in society
UCAS/Personal Statements/References	Are human rights balanced in society
UCAS/Personal Statements/References	The Law and You
UCAS/Personal Statements/References	The Law and You
UCAS/Personal Statements/References	Travel Safety

Theme 1- Living in the Wider World - Careers and Employability. The law and consequences. Finance and Money Management. Social Media and Young people.

Theme 2- Health and Well-being - Healthy lifestyle. Mental Health Awareness. Emotional and Physical Health. Sleep and Diet.

Theme 3- Relationships, Health and Sex Education - Relationships, Safeguarding, Consent, Feelings, Love and Choices, Marriage, Fertility and Contraception, Rights and Responsibilities. Values, Attitudes and Beliefs. Parenthood, pregnancy and abortion. Abuse and Coercive Control, Self-Worth and Addiction to name a few.

Year 12/13 Progression Interviews

We start Progression interview in Year 12 and continue into Year 13. We additionally support students through personal guidance at any point they feel they need additional support for their future pathways or work experience.